



Winter address: 230 Kings Hwy. E. Suite 286 Haddonfield, NJ 08033

Summer address: P.O. Box 86 Southfields, NY 10975

Email address: campwinonah@outlook.com

www.campwinonah.org

877-456-7924

Dear Parent/Guardian:

Thank you for choosing Camp Winonah for your child we look forward to providing them with a wonderful residential camping experience during the summer of 2026. The staff and I are excited about the programming that we have to offer and are confident that your child will return home with new life skills and a greater love for the outdoors.

I have been blessed to be able to share in residential camping for 50 years from a camper to staffer and now a proud founder.

The entire staff share in the desire to provide a positive life changing experience for your child, filled with life skills groups, quality activities and lots of fun.

We serve the best meals in the park and the children always leave the dining hall full (smile).

If you have any questions or concerns you never have to hesitate to give us a call (877-456-7924) or send us an email (campwinonah@outlook.com) and we will respond promptly. While your child is at camp please use the time to relax and have some much needed "me time" just **remember that if you are traveling away during the time that your child is with us please leave the current emergency information of the person who will be responsible for the needs of your child while you are travelling.**

A photo ID of anyone other than yourself must be emailed to us at least 24 hours prior to the end of the camping session that your child attends. No child will be released to anyone that we do not have a photo of. This is for the safety and protection of the child and everyone's peace of mind.

Thank you again,

Sharon

Sharon Baldwin-Montgomery
Founder of Camp Winonah

Our Mission:

Camp Winonah is a non-profit residential camp established within the EJM Foundation focusing on providing today's youth with the opportunity to experience a quality and fun out of doors camping adventure where learning life skills and a deeper appreciation of nature empower them to believe in themselves as positive young people who are created to solve the problems of today and tomorrow.



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Camper Consent Form

(This form must be received prior to camper attending camp)

Upon Placement of (camper's name): _____ under the care of Camp Winonah. I the undersigned parent/legal guardian hereby give permission for onsite and emergency medical care as needed while under the care of Camp Winonah. Every effort will be made to contact the parent or guardian prior to treatment. Any medical, dental or emergency care must be paid for by the camper's insurance, parent or guardian. The camper's health history is correct to the best of my understanding. This individual has permission to participate in all Camp Winonah activities unless otherwise noted.

The Camp Winonah Health Care Provider or any staff under their direct supervision can oversee the distribution of medication to campers.

I hereby release Camp Winonah, its board, employees and volunteers exempt from any liability for personal injury, property damage or wrongful death out of the use of Camp Winonah's recreational facilities both natural and manmade. I will not hold Camp Winonah responsible for any damage to or loss of this individual's personal property, including eyeglasses, technological devices, or clothing. I assume financial responsibility for any damage to the Camp Winonah property caused by this individual.

- I hereby give my consent for this camper to be photographed for the use in the proper interest of the camp.
- I hereby give my permission for this camper to take short hikes with the proper staff supervision.

Parent/Legal Guardian

Signature: _____ **Date:** _____ **Relationship:** _____

Camper

Signature: _____ **Date:** _____ **Age:** _____

This camper has a DNR order and documentation has been provided to the Camp Health Care Provider.



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Parent Information

Please **read** you are responsible for all of the following information

Information about staff:

Each staff person is trained in their specialty area and each of them have proper certification when necessary. All of our staff come with childcare/camping experience.

Camp Photo:

This summer camp photos will be taken of each cabin with the senior counselor. **The cost of the photo is \$10.00 per child**, which is payable on the morning of the departure. **We also have a small canteen (\$10-\$20 is usually enough)** cash is collected prior to departure.

Transportation:

Transportation will be provided for each camper as part of the camp fee to and from our designated drop-off and pick up point.

Meals:

Breakfast, Lunch and Dinner are served daily with an evening snack prior to bedtime.

Orange County Department of Health:

1. Camp Winonah is required to be licensed by the Orange County Health Department of N.Y.
2. Camp Winonah is required to be inspected twice yearly (and random visits) by the Orange County Department of Health N.Y.
3. The inspection reports concerning Camp Winonah are on file at the N.Y. State Dept. of Health, Albany, NY.
4. All campers must have the following prior to attending camp:
 - ✓ **Completed Health forms (with physicians' stamp)**
 - ✓ **Emergency Form**
 - ✓ **Up to date Immunization Record (MMR, Hep B., etc.)**
 - ✓ **If for any reason your child has a temperature of over 98.7 degrees F. they will need to be picked up from the campsite within a 2-hour period (no exceptions).**

Parent/Guardian and Camper Behavior:

Should we have difficulty with your child(ren) or need to have you involved because of a situation at camp, we will not hesitate to call you. **It would be helpful if you would discuss with your camper that they are responsible for their actions (no inappropriate touching or in another camper's space, destruction of property etc.), and that we expect your child(ren) to try and get along with other children and respect the staff.**

Also, your child(ren) must keep their living area clean and neat, as well as respect, listen to, and cooperate with the staff. Graffiti and vandalism are not acceptable, and you may be charged for damages should your camper be involved in destructive behavior.

Campers will also be dismissed from our camping program for any parent that is disrespectful to any Camp Winonah staff, or campers.



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Homesickness:

Some campers do experience home sickness. If and when serious home sickness occurs (which is rare) and the camper must return home, **arrangements will be made with the parents and at the parent/guardian's expense** to pick up the child from the Camp Winonah property in NY. If your camper writes home indicating that he/she is homesick, please **wait for the next letter**. Most home sickness is overcome within a few days.

Mail:

Cheerful news from home via letters is always welcome. HINT: Mail a letter to reach your camper for the first mail call. (Mail the letter the Friday before they leave for camp to the summer address). **Please keep the letter bright and happy.**

When writing please remember the following “dos”

- ✓ Do send cheerful notes
- ✓ Do stress how glad you are that they are having this experience and how you look forward to sharing the stories of their experience when they get home
- ✓ Do encourage others to write

Technical Devices:

NO CELL PHONES, Tablets, Handheld Devices (we will not be responsible for them if they are lost or stolen). We will confiscate the device and return it to the camper on the last day of camp before they go home. The phone is the worst source of “home sickness” in the entire camping experience. If you feel that you need to check in on your camper, please feel free to call 856-298-1617).

Any usage of cell phones will result in immediate dismissal from camp at the parent/guardian's expense.

Camp Rules:

1. Campers are not permitted to leave the camp property except on organized trips with our staff, as a part of the camp program.
2. Campers are not permitted to take drugs (unless overseen by our Camp Health Director/Her designee). **All drugs (including vitamins) must be given to the Camp Director on opening day. All drugs must bear valid pharmaceutical directions as well as name of container contents and have a licensed physician's approval.**
3. Any camper who is discovered using drugs/alcohol/cigarettes/vaping is in violation of the camp rules and the parent/guardian will be contacted and the camper will be immediately taken to “Good Samaritan Regional Hospital” in Suffern NY, the parent notified, and you must meet us at the hospital within 3 hours of notification, if the parent/guardian do not arrive the authorities will be notified.
4. Any camper found with alcohol in his/her possession the parent/guardian will be contacted, and the camper will be dismissed immediately **at the parent/guardians' expense.**
5. Campers are not permitted to physically abuse others at any time.
 - ⊕ If there is a minor altercation the parent/guardian will be notified, and a warning issued to the camper (with a written report placed in the camper's folder).
 - ⊕ If the camper hits again the parent/guardian will be notified, and the camper must be picked up immediately – NO EXCEPTIONS, if the parent/guardian do not arrive within 2 hours the authorities will be notified.
 - ⊕ If the incident is serious the parent/guardian will be notified, a written report filed, police notified (if necessary), and the child MUST be picked up immediately.

WE ARE NOT RESPONSIBLE FOR ANY CAMPER'S LOST OR LEFT-BEHIND CLOTHING, TOILETRIES, or OTHER PERSONAL ITEMS.



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Information per the Orange County Department of Health 2026

Meningococcal disease is a potentially fatal bacterial infection commonly referred to as meningococcal meningitis. New York State Public Health Law (NYSPHL) 2167 and Subpart 7-2 of the State Sanitary Code requires overnight children's camps to distribute information about meningococcal disease and vaccination to all campers who attend camp for 7 or more consecutive nights.

All camps are required to maintain a record of the following for each camper.

- ❖ A signed response to receipt of meningococcal meningitis disease and vaccine information signed by the camper's parent/guardian or...
- ❖ Information on the availability and cost of meningococcal meningitis vaccine or...
- ❖ A record or meningococcal meningitis immunization within the past 20 years or...
- ❖ An acknowledgement of meningococcal meningitis disease risks and refusal or meningococcal meningitis immunization signed by the campers' parent/guardian.

Meningococcal disease is a serious bacterial illness. It is a leading cause of bacterial meningitis in children 2 through 18 years old in the United States. Meningitis is an infection of the covering of the brain and the spinal cord.

Meningococcal disease also causes blood infections.

About 1,000 – 1,200 people get meningococcal disease each year in the U.S. Even when they are treated with antibiotics, 10-15 % of these people die. Of those who live, another 11-19% lose their arms or legs, have problems with their nervous systems, become deaf, or suffer seizures or strokes.

Anyone can get meningococcal disease. But it is most common in infants less than 1 year of age and people 16-21 years. Children with certain medical conditions, such as lack of a spleen, have an increased risk of getting meningococcal disease. College freshmen living in dorms are also at increased risk.

Meningococcal infections can be treated with drugs such as penicillin. Still, many people who get the disease die from it, and many others are affected for life. This is why preventing the disease through the use of meningococcal vaccine is important for people high at risk.

There are 2 kinds of meningococcal vaccine in the U.S.:

- Meningococcal conjugate vaccine (MCV4) is the preferred vaccine for people 55 years of age and younger. For example, 2 MCV4 vaccines are Menactra and Menveo. The Center for Disease Control and Prevention (CDC) recommend two doses of MCV4 for all adolescents 11 through 18 years of age: the first dose at 11 or 12 years of age, with a booster dose at age 16. Adolescents in this age group with HIV infection should get 3 doses: 2 doses 2 months apart at 11 or 12 years, plus a booster at age 16. If the first dose (or series) is given between 13 and 15 years of age, the booster should be given between 16 and 18. If the first dose (or series) is given after the 16th birthday, a booster is not needed.
- Meningococcal polysaccharide vaccine (MPSV4) has been available since the 1970's. It is the only meningococcal vaccine licensed for people older than 55. The trade name of MPSV4 is Menomune.



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Information per the Orange County Department of Health 2026 cont.

Both vaccines can prevent 4 types of meningococcal disease, including 2 of the 3 types most common in the United States and a type that causes epidemics in Africa. There are other types of meningococcal disease; the vaccines do not protect against these.

Information about the availability and cost of the vaccine can be obtained from your health care provider. We do not offer this vaccine.

To learn more about meningitis and the vaccine, please feel free to contact your child's physician. You can also find information about the disease at the website of the Center for Disease Control and Prevention (CDC):
www.cdc.gov/vaccines/vpd-vac/mening/default.htm

Sincerely,

Sharon

Sharon
Founder and Executive Director of Camp Winonah

This information is required by law for residential camps in the State of New York.



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Meningococcal Meningitis Vaccination Response Form

(This form must be received prior to the camper attending camp)

New York State Public Health Law requires that a parent or guardian of campers who attend an overnight children's camp for seven (7) or more consecutive nights, complete and return the following form to the camp. Meningococcal meningitis disease.

Please check one box and sign below

- My child is 12 years or older and has had the meningococcal conjugate vaccine (MCV4), for example Menactra or Menveo.
Date received: _____
- I have read, or have had explained to me, the information regarding meningococcal meningitis disease. I understand the risks of not receiving the vaccine. I have decided that my child will **not** obtain immunization against meningococcal meningitis disease, and they are over the age of 12.

Signature of Parent/Guardian

Date

Camper's Name: _____

Mailing Address: _____

Street Apt. City State Zip

Parent/Guardian's email address: _____

Chicken Pox Vaccination

My child _____ **has had** the Chicken Pox vaccination.

Child's name

My child _____ **has not had** the Chicken Pox vaccination.

Child's name

Parent/Guardian Signature

Date



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2026 Permission Slip

(This form must be received prior to camper attending camp)

My child _____ has my permission to participate in **Short Hikes** during his/her stay at Camp Winonah. I understand that counselors will be on duty and there will be proper supervision for these hikes.

Parent/Guardian Signature

Date

Photo Release: __ (I do) __ (I do not) give permission for the camp to photograph or video my child while participating in programs at Camp Winonah. These photos may be used for our Publications (brochure, website, and video).

Parent/Guardian Signature

Date

Life Skills Workshops

Includes but are not limited to groups listed below

- ⇒ Self-Concept
- ⇒ Self-Esteem
- ⇒ Journaling
- ⇒ Effective Communication
- ⇒ Goal Setting
- ⇒ Self-Development
- ⇒ Anger/Coping Management
- ⇒ Study Helps
- ⇒ Daily Living
- ⇒ World Views and My Views
- ⇒ Overcoming Obstacles
- ⇒ Virtual and Actual Learning Challenges
- ⇒ Daily Habits and Hygiene



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Camp Winonah 2026 Camper Checklist

This is a checklist for a 12-day session.

This is a recommended list of clothing and items for your child to bring to camp. Numbers in the parentheses indicate the recommended amount of each item to bring. Please send old clothes as the campers will be enjoying the out-of-doors.

- ⇒ Old suitcase or large duffle bag
- ⇒ Long sleeved sweatshirts (5)
- ⇒ T-shirts (10)
- ⇒ Shorts (8 pr.)
- ⇒ Underwear (15 pr.)
- ⇒ Hard toe shoes for hiking or sneakers (1 pr.)
- ⇒ Flip flops/shower shoes (1 pr.)
- ⇒ Warm/light jacket or sweater (2)
- ⇒ Socks (12 pr.)
- ⇒ Pants/Jeans (8 pr.)
- ⇒ Raincoat/Poncho (1)
- ⇒ Swimsuit (2)
- ⇒ Toiletries (toothbrush, toothpaste, soap or shower gel, lotion, powder, comb, hairbrush, shampoo, deodorant etc.)
- ⇒ Towels (4)
- ⇒ Pen/Pencils, Paper and Stamps
- ⇒ **Liquid or Pods** laundry detergent (left over detergent is not sent home)
- ⇒ Flashlight w/batteries
- ⇒ Washcloths (2)
- ⇒ Bug repellent (1 non-aerosol or lotion)
- ⇒ Pajamas (3 pr.)
- ⇒ Sheets and Blankets or Sheets and a Sleeping Bag, if your child is a bedwetter please send more than 1 set

Laundry will be washed 1 time during the session, unless there are emergencies.

Blow dryers, DVD players, handheld games, CD players, cell phones, radios, etc. are NOT PERMITTED!!!!