



Camp Winonah

Winter address: 230 Kings Hwy. E. Suite 286 Haddonfield, NJ 08033

Summer address: P.O. Box 86 Southfields, NY 10975

Email address: campwinonah@outlook.com

www.campwinonah.org

877-456-7924

Dear Parent/Guardian:

Thank you for choosing Camp Winonah for your child we look forward to providing them with a wonderful residential camping experience during the summer of 2023. The staff and I are excited about the programming that we have to offer and are confident that your child will return home with new life skills and a greater love for the outdoors.

I have been blessed to be able to share in residential camping for over 47 years from a camper to staffer and now a proud founder.

The entire staff share in the desire to provide a positive life changing experience for your child, filled with life skills groups, quality activities and lots of fun.

We serve the best meals in the park and the children always leave the dining hall full (smile).

If you have any questions or concerns you never have to hesitate to give us a call (877-456-7924) or send us an email (campwinonah@hotmail.com) and we will respond promptly. While your child is at camp please use the time to relax and have some much needed "me time" just remember that if you are traveling away during the time that your child is with us to please leave current emergency information of the person who will be responsible for the needs of your child while you are travelling.

A photo ID of anyone other than yourself must be emailed to us at least 24 hours prior to the end of the camping session that your child attends. No child will be released to anyone that we do not have a photo of. This is for the safety and protection of the child and everyone's peace of mind.

Thank you again,

Sharon

Sharon Baldwin-Montgomery
Founder and Executive Director of Camp Winonah

Our Mission:

Camp Winonah is a non-profit residential camp established within the EJM Foundation focusing on providing today's at-risk youth with the opportunity to experience a quality and fun out of doors camping adventure where learning life skills and a deeper appreciation of nature empower them to believe in themselves as positive young people who are created to solve the problems of today and tomorrow.



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Acknowledgement of Privacy Practices (This form must be received prior to the camper attending camp)

My signature confirms that I have been informed of my rights to privacy regarding my protected health information under HIPPA (the Health Insurance Portability and Accountability Act of 1996). I understand that this information can and will be used to:

- ✓ Provide and coordinate my care among the Health Care Provider and designated staff who may be involved indirectly and directly in my treatment if and when necessary.
- ✓ Obtain payment from third-party payers for my health care services.
- ✓ Conduct normal health care operations such as quality assessments and improvement activities.

I understand that I may request in writing how Camp Winonah restricts my private information is used or disclosed to carry out treatment, payment, or health care operations and I understand that you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

Camper's Name: _____

Camper's Signature: _____ **Date:** _____

Parent/Legal Guardian's Signature: _____ **Date:** _____

OFFICE USE ONLY

- The parent/guardian refused to sign
- Emergency Situation
- Communication barriers
- Other: _____

Staff Initials: _____

Date: _____



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Camper Consent Form

(This form must be received prior to camper attending camp)

Upon Placement of (camper's name): _____ under the care of Camp Winonah. I the undersigned parent/legal guardian hereby give permission for onsite and emergency medical care as needed while under the care of Camp Winonah. Every effort will be made to contact the parent or guardian prior to treatment. Any medical, dental or emergency care must be paid for by the camper's insurance, parent or guardian. The health history is correct to the best of my understanding. This individual has permission to participate in all Camp Winonah activities unless otherwise noted.

The Camp Winonah Health Care Provider or any staff under their direct supervision can oversee the distribution of medication to campers.

I hereby release Camp Winonah, its board, employees and volunteers exempt from any liability for personal injury, property damage or wrongful death out of the use of Camp Winonah's recreational facilities both natural and manmade. I will not hold Camp Winonah responsible for any damage to or loss of this individual's personal property, including eyeglasses, technological devices, or clothing. I assume financial responsibility for any damage to the Camp Winonah property caused by this individual.

- I hereby give my consent for this camper to be photographed for the use in the proper interest of the camp.
- I hereby give my permission for this camper to take short hikes with the proper staff supervision.

Parent/Legal Guardian

Signature: _____ Date: _____ Relationship: _____

Camper

Signature: _____ Date: _____ Age: _____

This camper has a DNR order and documentation has been provided to the Camp Health Care Provider.



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Covid Release 2023

This COVID Release and Waiver is in addition to, and does not replace, any other releases of liability, waivers or documents that have been executed in connection with Camp Winonah.

Assumption of Risk: You acknowledge that you are aware that participants in the camp/event taking place between July 5th, 2023, and August 19th, 2023, are not required to prove immunization against COVID or to wear masks, unless required to do so by state or local guidelines, in order to participate or attend Camp Winonah, and that certain risks associated with exposure to COVID may exist at the camp.

For Staff: I _____ (Full Name), by participating in the activities at Camp Winonah, and by signing this COVID Waiver and Release of Liability, I, on my own behalf, am assuming all risks, responsibility and liability concerning my health and safety and possible exposure to COVID in connection with the activities at Camp Winonah.

For Camper: _____ (Camper’s full name) I the parent/guardian acknowledge that by my child participating in the activities at Camp Winonah, and by signing this COVID Waiver and Release of Liability, am assuming all risks, responsibility and liability concerning the health and safety of my child and possible exposure to Covid in connection with the activities at Camp Winonah.

Signature of Parent/Guardian

Date

Release: In consideration for the privilege of Minor participating in the Event, the sufficiency of which is hereby acknowledged, I, on my own behalf and/or on behalf of Minor, agree to release and to hold harmless EJM Foundation’s Camp Winonah, EJM Foundation’s corporate sponsors, the hosting site, a not for profit corporation, and the respective directors, officers, representatives, members, agents, employees and contractors of the preceding parties (hereinafter collectively “Releasees”) from any and all liability, whether caused by negligence of the Releasees or otherwise, for any claim, judgment, loss, liability, cost and expenses (including, without limitations, attorney’s fees and costs) arising out of or connected/associated with my participation in Camp Winonah activities and my possible exposure to COVID. I, on my own behalf, hereby warrant that I have read this COVID Waiver and Release of Liability in its entirety and fully understand its contents. I, on my own behalf, am aware that this document releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury, illness and death. I, on my own behalf, have signed this document voluntarily and of my own free will.

Signature: _____

Date: _____

Printed Name: _____

Covid-19

*I understand that as the parent/guardian **my child** _____ will have their temperature taken daily and need to wear a mask (provided by the camp) when required. If my child exhibits any of the following: temperature above 98.7 degrees F, sore throat, continuous cough, trouble breathing etc. the child will be taken to the nearest emergency room and the parent/guardian must report to the hospital within 1 and ½ hour. If there is no trouble breathing the child will be quarantined in our infirmary and must be picked up by the parent/guardian within a 2-hour period from the Camp Winonah campsite. There are no exceptions.*

Parent/Guardian’s Signature

Date



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Parent Information

Please **read** entirely you are responsible for all of the following information

Information about staff:

Each staff person is trained in their specialty area and each of them have proper certification when necessary. All of our staff come with childcare/camping experience.

Camp Photo:

This summer camp photos will be taken of each cabin with the senior counselor. **The cost of the photo is \$10.00 per child**, which is payable on the morning of the departure. **We also have a small canteen (\$10-\$15 is usually enough)** money is collected prior to departure.

Transportation:

Transportation will be provided for each camper as part of the camp fee to and from our designated drop off and pick up point.

Meals:

Breakfast, Lunch and Dinner are served daily with an evening snack prior to bedtime.

Orange County Department of Health:

1. Camp Winonah is required to be licensed by the Orange County Health Department of N.Y.
2. Camp Winonah is required to be inspected twice yearly (and random visits) by the Orange County Department of Health N.Y.
3. The inspection reports concerning Camp Winonah are on file at the N.Y. State Dept. of Health, Albany, NY.
4. All campers must have the following prior to attending camp:
 - ✓ Completed Health forms (with physicians' stamp)
 - ✓ Emergency Form
 - ✓ Up to date Immunization Record (MMR, Hep B., etc.)
 - ✓ If for any reason your child has a temperature over 98.7 degrees F. they will need to be picked up from the campsite within a 2 hour period (no exceptions).

Parent/Guardian and Camper Behavior:

Should we have difficulty with your child(ren) or need to have you involved because of a situation at camp, we will not hesitate to call you. **It would be helpful if you would discuss with your camper that they are responsible for their actions (no inappropriate touching or in another camper's space, destruction of property etc.), and that we expect your child(ren) to try and get along with other children and respect the staff.**

Also, your child(ren) must keep their living area clean and neat, as well as respect, listen to, and cooperate with the staff. Graffiti and vandalism are not acceptable, and you may be charged for damages should your camper be involved in destructive behavior.

Campers will also be dismissed from our camping program for any parent that is disrespectful to any Camp Winonah staff, or campers.

Homesickness:

Some campers do experience home sickness. If and when serious home sickness occurs (which is rare) and the camper must return home, **arrangements will be made with the parents and at the parent/guardian's expense** to pick up the child from the Camp Winonah property in NY. If your camper writes home indicating that he/she is homesick, please **wait for the next letter**. Most home sickness is overcome within a few days.



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Mail:

Cheerful news from home via letters is always welcome. HINT: Mail a letter to reach your camper for the first mail call. (Mail the letter the Friday before they leave for camp to the summer address). **Please keep the letter bright and happy.**

When writing please remember the following “dos”

- ✓ Do send cheerful notes
- ✓ Do stress how glad you are that they are having this experience and how you look forward to sharing the stories of their experience when they get home
- ✓ Do encourage others to write

Technical Devices:

NO CELL PHONES, Tablets, Handheld Devices (we will not be responsible for them if they are lost or stolen). We will confiscate the device and return it to the camper on the last day of camp before they go home. The phone is the worst source of “home sickness” in the entire camping experience. If you feel that you need to check in on your camper please feel free to call (no more than twice in a 12-day period). The camp number and the Camp Director or her Designee will return your call within 24 hours. **Any usage of cell phones will result in immediate dismissal from camp at the parent/guardian’s expense.**

Camp Rules:

1. Campers are not permitted to leave the camp property except on organized trips with our staff, as a part of the camp program.
2. Campers are not permitted to smoke at camp or to and from camp.
3. Campers are not permitted to take drugs (unless overseen by our Camp Health Director). **All drugs (including vitamins) must be given to the Camp Director on opening day. All drugs must bear valid pharmaceutical directions as well as name of container contents and have a licensed physician’s approval.**
4. Any camper who is discovered using drugs/alcohol is in violation of the preceding paragraph the parent/guardian will be contacted and the camper will be **immediately taken to “Good Samaritan Regional Hospital” in Suffern NY, the parent notified, and you must meet us at the hospital within 3 hours of notification.**
5. Any camper found with alcohol in his/her possession the parent/guardian will be contacted, and the camper will be **dismissed immediately at the parent/guardians’ expense.**
6. Campers are not permitted to physically abuse others at any time.
 - ⊕ If there is a minor altercation the parent/guardian will be notified, and a warning issued to the camper (with a written report placed in the camper’s folder).
 - ⊕ If the camper hits again the parent/guardian will be notified, and the camper must be picked up immediately – NO EXCEPTIONS.
 - ⊕ If the incident is serious the parent/guardian will be notified, a written report filed, police notified (if necessary), and the child MUST be picked up immediately.

WE ARE NOT RESPONSIBLE FOR ANY CAMPER’S LOST OR LEFT BEHIND CLOTHING, TOILETRIES, or OTHER PERSONAL ITEMS.



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Information per the Orange County Department of Health 2023

Meningococcal disease is a potentially fatal bacterial infection commonly referred to as meningococcal meningitis. New York State Public Health Law (NYSPHL) 2167 and Subpart 7-2 of the State Sanitary Code requires overnight children's camps to distribute information about meningococcal disease and vaccination to all campers who attend camp for 7 or more consecutive nights.

All camps are required to maintain a record of the following for each camper.

- ❖ A signed response to receipt of meningococcal meningitis disease and vaccine information signed by the camper's parent/guardian or...
- ❖ Information on the availability and cost of meningococcal meningitis vaccine or...
- ❖ A record of meningococcal meningitis immunization within the past 20 years or...
- ❖ An acknowledgement of meningococcal meningitis disease risks and refusal or meningococcal meningitis immunization signed by the campers' parent/guardian.

Meningococcal disease is a serious bacterial illness. It is a leading cause of bacterial meningitis in children 2 through 18 years old in the United States. Meningitis is an infection of the covering of the brain and the spinal cord.

Meningococcal disease also causes blood infections.

About 1,000 – 1,200 people get meningococcal disease each year in the U.S. Even when they are treated with antibiotics, 10-15 % of these people die. Of those who live, another 11-19% lose their arms or legs, have problems with their nervous systems, become deaf, or suffer seizures or strokes.

Anyone can get meningococcal disease. But it is most common in infants less than 1 year of age and people 16-21 years. Children with certain medical conditions, such as lack of a spleen, have an increased risk of getting meningococcal disease. College freshmen living in dorms are also at increased risk.

Meningococcal infections can be treated with drugs such as penicillin. Still, many people who get the disease die from it, and many others are affected for life. This is why preventing the disease through the use of meningococcal vaccine is important for people high at risk.

There are 2 kinds of meningococcal vaccine in the U.S.:

- Meningococcal conjugate vaccine (MCV4) is the preferred vaccine for people 55 years of age and younger. For example, 2 MCV4 vaccines are Menactra and Menveo. The Center for Disease Control and Prevention (CDC) recommend two doses of MCV4 for all adolescents 11 through 18 years of age: the first dose at 11 or 12 years of age, with a booster dose at age 16. Adolescents in this age group with HIV infection should get 3 doses: 2 doses 2 months apart at 1 or 12 years, plus a booster at age 16. If the first dose (or series) is given between 13 and 15 years of age, the booster should be given between 16 and 18. If the first dose (or series) is given after the 16th birthday, a booster is not needed.
- Meningococcal polysaccharide vaccine (MPSV4) has been available since the 1970's. It is the only meningococcal vaccine licensed for people older than 55. The trade name of MPSV4 is Menomune.



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Information per the Orange County Department of Health 2023 cont.

Both vaccines can prevent 4 types of meningococcal disease, including 2 of the 3 types most common in the United States and a type that causes epidemics in Africa. There are other types of meningococcal disease; the vaccines do not protect against these.

Information about the availability and cost of the vaccine can be obtained from your health care provider. We do not offer this vaccine.

To learn more about meningitis and the vaccine, please feel free to contact your child's physician. You can also find information about the disease at the website of the Center for Disease Control and Prevention (CDC): www.cdc.gov/vaccines/vpd-vac/mening/default.htm

Sincerely,

Sharon

Sharon
Founder and Executive Director of Camp Winonah

This information is required by law for residential camps in the State of New York.



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2023 Permission Slip

(This form must be received prior to camper attending camp)

My child _____ has my permission to participate in **Short Hikes** during his/her stay at Camp Winonah. I understand that counselors will be on duty and there will be proper supervision for these hikes.

Parent/Guardian Signature

Date

Photo Release: __ (I do) __ (I do not) give permission for the camp to photograph or video my child while participating in programs at Camp Winonah. These photos may be used for our Publications (brochure, website, and video).

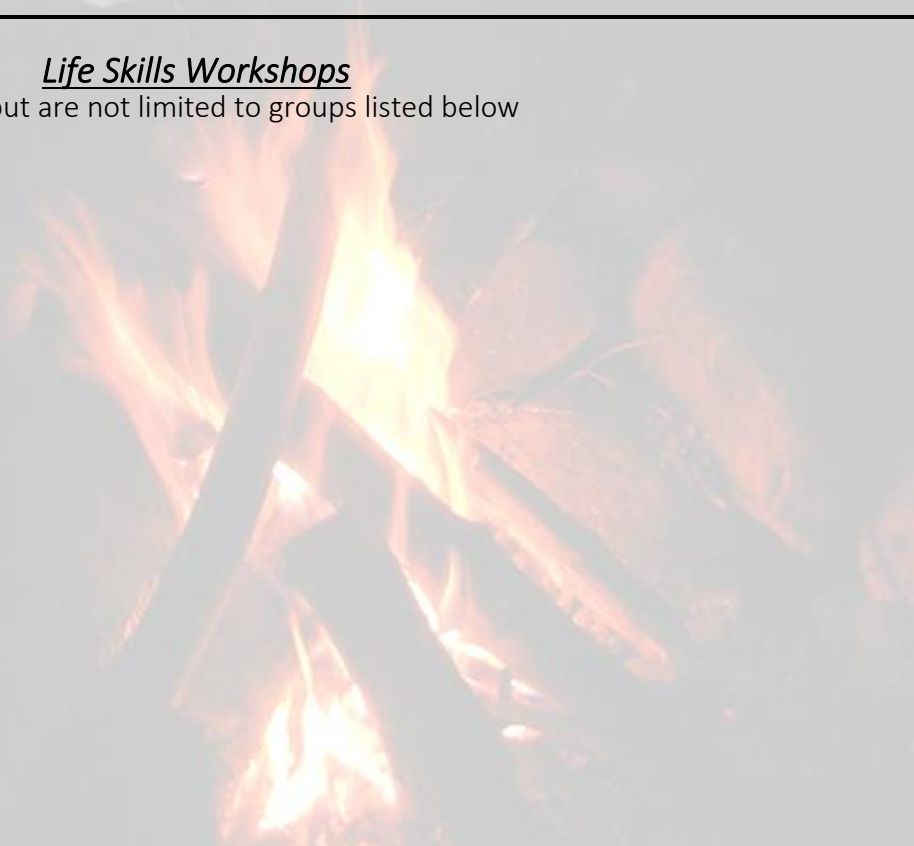
Parent/Guardian Signature

Date

Life Skills Workshops

Includes but are not limited to groups listed below

- ⇒ Self-Concept
- ⇒ Self-Esteem
- ⇒ Journaling
- ⇒ Effective Communication
- ⇒ Goal Setting
- ⇒ Self-Development
- ⇒ Anger/Coping Management
- ⇒ Study Helps
- ⇒ Daily Living
- ⇒ World Views and My Views
- ⇒ Overcoming Obstacles
- ⇒ Virtual and Actual Learning Challenges
- ⇒ Daily Habits and Hygiene





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Camp Winonah 2023 Camper Checklist

This is a checklist for an 18-day session. (Please modify for the 1 week, 2-week session or 3-week session)

This is a recommended list of clothing and items for your child to bring to camp. Numbers in the parentheses indicate the recommended amount of each item to bring. Please send old clothes as the campers will be enjoying the out-of-doors.

- ⇒ Old suitcase or large duffle bag
- ⇒ Long sleeved sweatshirts (5)
- ⇒ T-shirts (10)
- ⇒ Shorts (8 pr.)
- ⇒ Underwear (15 pr.)
- ⇒ Hard toe shoes for hiking or sneakers (1 pr.)
- ⇒ Flip flops (2 pr.)
- ⇒ Warm/light jacket or sweater (2)
- ⇒ Socks (12 pr.)
- ⇒ Pants/Jeans (8 pr.)
- ⇒ Raincoat/Poncho (1)
- ⇒ Swimsuit (2)
- ⇒ Toiletries (toothbrush, toothpaste, soap or shower gel, lotion, powder, comb, hairbrush, shampoo, deodorant etc.)
- ⇒ Towels (4)
- ⇒ Pen/Pencils, Paper and Stamps
- ⇒ **Liquid or Pods** laundry detergent (left over detergent is not sent home)
- ⇒ Flashlight w/batteries
- ⇒ Washcloths (2)
- ⇒ Bug repellent (1 non-aerosol or lotion)
- ⇒ Pajamas (3 pr.)
- ⇒ Sheets and Blankets or Sheets and a Sleeping Bag, if your child is a bedwetter please send more than 1 set

Laundry is not washed during the 1-week session unless there are emergencies

Please mark your child's belongings with his/her name. We have enclosed information about a great inexpensive company that provides name labels. Please order early.

Blow dryers, DVD players, handheld games, CD players, cell phones, radios, etc. are NOT PERMITTED!!!!